

	KSI	LKS2	UKS2
Autumn	<p><b>Ball Skills</b> Introduce throwing, catching and passing a ball using hands and feet.</p> <p><b>Dance</b> Use of dance for expression</p> <p><b>Gymnastics</b> Using the body to create shapes</p>	<p><b>Tennis</b> To successfully replicate the techniques of: Forehand, backhand, volley and serve</p> <p><b>Badminton</b></p> <p><b>Football</b> Developing the techniques of: Dribbling, passing, ball control, defending and shooting</p>	<p><b>Swimming (yr 5/6)</b></p> <p><b>Gymnastics</b> Travel and balance</p> <p><b>Tag rugby</b> To develop defensive play, attacking and tactic to support game play</p>
Spring	<p><b>Games</b></p> <p><b>Gymnastics</b> Use of apparatus</p> <p><b>Racquet Skills</b> External Coach (6 weeks)</p>	<p><b>Hockey</b> To develop the skills of: Ball and stick control, dribbling, passing and safe tackling</p> <p><b>Tag Rugby</b> To develop ball familiarisation, passing, moving, dodging and tagging</p> <p><b>Gymnastics</b> Use of apparatus</p> <p><b>Netball</b> To be able to demonstrate the skills of: marking, defending, shooting and footwork</p> <p><b>Swimming (year 4)</b></p>	<p><b>Netball</b> To be able to demonstrate the skills of: Passing, footwork, creating space and game play</p> <p><b>Tennis</b> To build on previous skills and use these in match play</p> <p><b>Football</b> To apply the techniques of: Dribbling, passing, ball control, defending and shooting in a match setting</p> <p><b>Hockey</b> To accurately use the skills of control, dribbling, passing and tackling in game play</p> <p><b>Gymnastics</b> Rolls and sequencing</p>
Summer	<p><b>Racquet Skills</b> External coach - continuation (4 weeks)</p> <p><b>Team races</b> Sports day preparation</p> <p><b>Dance festival</b> Performance</p> <p><b>Athletics</b> To replicate running, throwing and jumping techniques</p>	<p><b>Cricket</b> To develop catching, bowling, batting and throwing techniques</p> <p><b>Athletics</b> To perform techniques for effective running, jumping and throwing</p> <p><b>Dance festival</b> Performance</p> <p><b>Swimming (year 3)</b></p>	<p><b>Gymnastics</b> Strength and conditioning</p> <p><b>Cricket</b> To accurately demonstrate striking and fielding in game play</p> <p><b>Athletics</b> To accurately perform techniques for effective running, jumping and throwing</p> <p><b>Dance festival</b> Performance</p> <p><b>Swimming (yr 5/6)</b> Booster</p> <p><b>Orienteering (yr 6)</b> OAA (residential)</p>